



Walk on the Wild Side

Connecting the Wild Within to the Wild Without

A one-day retreat, on June 11, 2011

From 10am to 4pm on the beautiful grounds of the Good Shepherd Center, Room 223, located in the Wallingford neighborhood of Seattle.

A delicious organic lunch will be served. Cost is \$85. Call 206-367-3058, or email crodenberg@caringpresence.net to register.

*Come to replenish your body and spirit
through nature, music, walking, art, and breath*



Feel your heart open

As your eyes delight in the sky and trees

Feel your breath deepen

As your ears attune to the birds singing

Feel your pulse slow

As you reach to touch the earth



Come to your senses, enliven your heart

with Carolyn Rodenberg, MA, LMFT, CCH
of Caring Presence Psychotherapy, PLLC
www.caringpresence.net



Carolyn specializes in body-oriented psychotherapy, guiding clients in listening to their somatic and sensory language, thereby activating awareness as a resource for change. With over 23 years of experience, including 17 in health-related settings, Carolyn enjoys seeing people connect their body, mind and heart for healing, growth and joy.

